

Advanced Spinal Endoscopy Course

27 June 2025 | IRCAD, Strasbourg, France



General Information

EUROSPINE, the Spine Society of Europe c/o Pfister Treuhand AG Bankstrasse 4, 8610 Uster-Zurich, Switzerland W: <u>www.eurospine.org</u>

Chair of Education Committee Paulo Pereira E: <u>educationl@eurospine.org</u>

Director of Education and Research Julie-Lyn Noël E: <u>noel@eurospine.org</u>

Education and Research Manager Oriana Pivetta E: pivetta@eurospine.org **Course Chairs** Bertrand Debono, France Frank Hassel, Germany

Course Faculty Adad Baranto, Sweden Joseph Cristini, France Thibault Remacle, Belgium Christoph J. Siepe, Germany Ralf Wagner, Germany

Programme Goal

Advanced Endoscopic Spine Surgery

Endoscopic spine surgery is becoming the ultimate tissue premanyque to treat a multitude of spine pathologies with accumulating evidence supporting its efficacy and reduced complication rate. This has generated massive interest among surgeons worldwide to learn and adopt this technology.

This course will expand your knowledge and technical skills, enabling you to take the next step in your endoscopic practice: mastering cervical and thoracic pathologies and the treatment options for endoscopic fusion.



Quick Facts

LIVE SESSION DATE & TIME	27 June 2025 (07:50-18:15 CEST)	
VENUE	IRCAD, 1 Pl. de l'Hôpital, 67000 Strasbourg, France	
MAX. ATTENDEES	24 delegates maximum	
REGISTRATON FEES	EUROSPINE Member: €800 Non-member: €1,000	
CME CREDITS	EUROSPINE Member: €800	
LANGUAGE	English	



DRESS CODE	Smart casual	
E-LEARNING	A computer (Mac/PC) or tablet (Android/Mac) and stable internet connection are required to access the e-learning content. The e-learning component is self-paced and will be available from 15 May 2024 on the EUROSPINE Learning Management System (LMS). The e-learning must be completed by the start of the live session.	
COURSE COMPLETION	 The course is only deemed as complete when participants have met ALL of the following conditions: Passed e-learning/pre-learning component AND Attended the live session AND Submitted course evaluations for the e-learning and the live session component 	
TARGET AUDIENCE	Senior trainees and trained surgeons, who are planning a career in spine surgery.	
IMPORTANT (!)	 Completion of e-learning component is mandatory Attendance of the live session is mandatory 	

E-learning Programme

(available from May 2025)

Time/Duration	Торіс	Faculty		
0:14	Evolution of full-endoscopic spine surgery	F. Hassel		
Cervical procedures				
00:07	Posterior endoscopic cervical foraminotomy— step by step	T. Remacle		
00:22	Cervical UBE—step by step	J. Cristini		
00:20	Knowledge check questions			
Thoracic procedure				
00:11	Transforaminal Endoscopic Thoracic Discectomy- TETD	A. Baranto		
Endoscopic fusion				



00:16	Endoscopic fusion step by step	R. Wagner
00:20	Knowledge check questions	



Live Session Programme

27 June 2025 08:00 – 18:15 CEST					
	Skills Lab				
Learners					
 24 participants 					
○ 6 groups					
 4 learners per group Rotations 					
\circ 3 rotations					
 6 stations in total 					
 90 minutes per rotation 					
Techniques and Stations					
 Participants will be assigned to stations 1 to 4 according to their 					
preference on a first com					
1. Cervical Foraminotomy Monoporta	ll: Hassel				
 Cervical Biportal: Cristini Cervical Decompression: Wagner 					
4. Lumbar Interlaminar Technique: Ba	aranto				
5. 2 stations on Endoscopic Lumbar F					
08:00 – 09:30	Rotation 1				
09:30 - 09:45	Coffee Break				
09:45 – 11:15	Rotation 2				
11:15 – 11:30	Coffee Break				
11:30 - 13:00	Rotation 3				
13:00 - 14:00	Lunch				
Lectures and Cases					
14:00 - 15:45	Cases 1 – cervical, thoracic – Remacle, Hassel, Siepe				
15:45 – 16:00	Coffee Break				
16:00 - 17:45	Cases 2 – endoscopic fusion – Wagner, Cristini				
17:45 – 18:15	Discussion – Mono or biportal? Wagner, Cristini, Debono Which technique should I use?				
18:15	END OF COURSE				



Learning Outcomes

Endoscopy in Cervical Spine

- Explain and differentiate the endoscopic techniques in the cervical spine
- Describe the relevant anatomy for cervical endoscopy
- List and evaluate the different methods for cervical spine
- Describe the posterior cervical endoscopic foraminotomy technique (PECF) (theatre set-up, patient positioning, planning, procedural steps, limitations)
- Describe the cervical endoscopic unilateral Laminotomy for Bony Decompression technique (CE-ULBD) (theatre set-up, patient positioning, planning, procedural steps, limitations)

Thoracic Endoscopic Techniques

- Describe the transforaminal thoracic endoscopic technique
- Describe the transforaminal endoscopic thoracic discectomy (TETD) (theatre set-up, patient positioning, planning, procedural steps, limitations)

Endoscopic Fusion Techniques

- Describe the monoportal endoscopic fusion technique (theatre set-up, patient positioning, planning, procedural steps, limitations)
- Describe the biportal endoscopic fusion technique (theatre set-up, patient positioning, planning, procedural steps, limitations)

General

- Identify the ideal indications for novice surgeons and recognise
- The contraindications based on the evidence
- Describe the pitfalls of the different procedures and discuss how to
- Prevent and manage complications

Assessment

To complete this course, participants must complete and pass the e-learning quizzes with a minimum score of 70% and complete the required course evaluations, which include a reflective component.



Recommended Reading

AOSpine Consensus Paper on Nomenclature for Working-Channel Endoscopic Spinal Procedures, Global Spine Journal. 2020 Apr; 10(2 Suppl): 1115–121S. DOI: 10.1177/2192568219887364

Atlas of Full-Endoscopic Spine Surgery, C. Hofstetter et al. (Book), Thieme, 2020, ISBN 978-68420-023-8

Complications and Limitations of Endoscopic Spine Surgery and Percutaneous Instrumentation Kim HS, Sharma SB, Wu PH, Raorane HD, Adsul NM, Singh R, et al. Indian Spine Journal 2020; 3:78-85

Clinical Outcomes and Complications after Biportal Endoscopic Spine Surgery: A Comprehensive Systematic Review and Meta-analysis of 3673 Cases

Don Y. Park, Alexander Upfill-Brown, Nora Curtin, Christopher D. Hamad, Akash Shah, Brian Kwon, Yong H. Kim, Dong Hwa Heo, Cheol Woong Park, William L. Sheppard DOI: 10.1007/s00586-023-07701-9

Comparison of efficacy and safety between unilateral biportal endoscopic transforaminal lumbar interbody fusion versus uniportal endoscopic transforaminal lumbar interbody fusion for the treatment of lumbar degenerative diseases: a systematic review and meta-analysis. Ding et al. BMC Musculoskeletal Disorders (2024) 25:1037 https://doi.org/10.1186/s12891-024-08146-x

Posterior Cervical Percutaneous Endoscopic Ventral Bony Decompression Chapter | First Online: 17 January 2023, Endoscopy of the Spine, Vincent Hagel, Albert E. Telfeian & B. S. Ankush Bajaj

Transforaminal Endoscopic Thoracic Discectomy Is More Cost-Effective Than Microdiscectomy for Symptomatic Disc Herniations Junseok Bae1, Pratyush Shahi1, Sang-Ho Lee1, Han-Joong Keum1, Ju-Wan Seok1 Yong-Soo Choi1, Jin-Sung Kim2 Neurospine 2025;22(1):118-127. https://doi.org/10.14245/ns.2449414.707

The Endoscopic Lumbar Interbody Fusion: A Narrative Review and Future Perspective Phattareeya Pholprajug1, Vit Kotheeranurak2, Yanting Liu3, Jin-Sung Kim3 Neurospine 2023;20(4):1224-1245. <u>https://doi.org/10.14245/ns.2346888.444</u>

Endoscopic Lateral Lumbar Interbody Fusion: Technical Note and Case Series Ricardo Casal Grau, Francisco Javier Sánchez Benitez de Soto, Patrick Barhouse, Christian Schroeder, Owen P. Leary, Patricia Zadnik, Sullivan and Albert E. Telfeian published online 6 February 2024, *Int J Spine Surg* <u>http://ijssurgery.com/content/early/2024/01/24/8572</u>

Endoscopic Techniques for Lumbar Interbody Fusion: Principles and Context Bryan Zheng,1 Elias Shaaya,1 Josh Feler,1 Owen P. Leary,1 Matthew J. Hagan, 1Ankush Bajaj,1 Jared S. Fridley,1 Frank Hassel,2 Raymond Gardocki,3 Ricardo Casal Grau,4 Kai-Uwe Lewandrowski ,5 and Albert E. Telfeian1 BioMed Research International Volume 2022, Article ID 4979231, 9 pages <u>https://doi.org/10.1155/2022/4979231</u>

