

Spine Tuesday Webinar Series

2023-2024 PROGRAMME

General Information

EUROSPINE, the Spine Society of Europe

c/o Pfister Treuhand AG

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Derek Cawley, Ireland

Stacey Darwish, Ireland

Bertrand Debono, France

Stephane Genevay, Switzerland

Lisa Roberts, United Kingdom

Dominique Rothenfluh, Switzerland

Chrishan Thakar, United Kingdom

Caroline Treanor, Ireland

Webinar Facts

WHEN	<ul style="list-style-type: none"> • Every 3rd Tuesday of the month and the 2nd Tuesday in December. • No webinars take place in July and August. • See exact schedule below.
WHERE	Virtual (Online)
TIME	19:00 – 20:00 CET/CEST
REGISTRATON FEES	EUROSPINE webinars are free of charge.
LANGUAGE	English
REGISTRATION	<p>Webinar registration is completed by using the EUROSPINE Learning Management System (LMS).</p> <ul style="list-style-type: none"> • Visit the registration page: https://eurospine.matrixlms.eu/ • If you have an existing account: <ul style="list-style-type: none"> ○ Log-in and navigate to the course catalogue to register for a webinar • If you do not have a profile yet: <ul style="list-style-type: none"> ○ Sign-up first, then log-in and access the catalogue to register for a webinar. <p>Note: EUROSPINE reserves the right to restrict registration numbers for webinars.</p>
ACCREDITATION	<p>EBAC accreditation is currently pending.</p> <ul style="list-style-type: none"> • The provision of CME credits is dependent on individuals' attendance of $\geq 90\%$ of the webinar time and completion of the webinar evaluation form. • The webinar evaluation will be available in the webinar event profile on the EUROSPINE LMS, after the webinar.
ATTENDANCE CERTIFICATE	<ul style="list-style-type: none"> • Attendance is monitored through the webinar platform Zoom. • The attendance certificate and relevant CME credits are provided to individuals who are in attendance for $\geq 90\%$ of the webinar time. • Submitted webinar evaluations will be cross-checked with attendance records before certificates are released. Note that this can take several weeks (!). • Once released, certificates can be found in your LMS profile under "awards". An automatic notification will inform you when the certificate is ready.

<p>WEBINAR ACCESS</p>	<p>Webinar access is provided through the EUROSPINE LMS.</p> <ol style="list-style-type: none"> 1. Log-in to your LMS profile 2. Navigate to the profile dashboard. 3. Click on the tab enrolled, to find an overview of the events you registered for. 4. Click on the relevant webinar to access the event page. 5. Click on the access screen to join the webinar.
<p>TERMS & CONDITIONS</p>	<p>Before signing up to a webinar, make sure to read the Terms and Conditions.</p>

Webinar Objectives

The Spine Tuesday webinar series’ main objective is to deliver latest information, educate, and provide a platform for debate on eclectic topics of interest in spine care to the community. This is in alignment with the EUROSPINE mission of optimising patient care and prevention of spinal disorders through education offers. The idea is to advance an integrated, multidisciplinary and interprofessional spine care.

Target Audience

The webinar series is open to spine care professionals, including but not limited to the following:

- Primary care physicians
- Surgeons
- Physiotherapists
- Chiropractors
- Osteopaths
- occupational therapists
- Clinical psychologists
- Nursing practitioners
- Naprapaths
- Others

2023 – 2024 Webinar Programme

	DATE & TIME	WEBINAR DETAILS
1	19 SEP 2023 19:00 – 20:00 CEST	<p>The stiff spine</p> <p>CHAIR: Stacey Darwish, Orthopaedic Spine Surgeon, Mater Misericordiae University Hospital, Dublin, Ireland</p> <p>Learning outcome/s:</p> <ul style="list-style-type: none"> • Identify issues around the diagnosis and management of the stiff spine. • Understand the state of evidence in the diagnosis and management of the spine.
2	17 OCT 2023 19:00 – 20:00 CEST	<p>Evidenced based diagnosis management of cauda equina syndrome</p> <p>CHAIR: Caroline Treanor, Clinical Specialist Physiotherapist, Department of Neurosurgery, Beaumont Hospital, Dublin, Ireland</p> <p>Learning outcome/s:</p> <ul style="list-style-type: none"> • Understand the clinical presentation of cauda equina syndrome. • Identify the key elements of an evidence-based clinical pathway for people with cauda equina.
3	21 NOV 2023 19:00 – 20:00 CET	<p>Degenerative Disc Disease: What to do with this concept?</p> <p>CHAIR: Stephane Genevay, Rheumatologist, University Hospitals Geneva, Geneva, Switzerland</p> <p>Learning outcome/s:</p> <ul style="list-style-type: none"> • Evaluate the widely used concept of degenerative disc disease.
4	12 DEC 2023 19:00 – 20:00 CET	<p>It's not all about surgery: bracing and physiotherapy</p> <p>CHAIR: Chrishan Thakar, Oxford Spinal Surgery Unit, Nuffield Orthopaedic Centre, Oxford University Hospitals NHS Foundation Trust, Oxford, United Kingdom</p>

		<p>Learning outcome/s:</p> <ul style="list-style-type: none"> Understand the role of bracing and physiotherapy to support the management of various spine conditions such as deformities and AIS.
5	<p>16 JAN 2024 19:00 – 20:00 CET</p>	<p>Evidenced based diagnosis and rehabilitation of cervicogenic headache</p> <p>CHAIR: Caroline Treanor, Clinical Specialist Physiotherapist, Department of Neurosurgery, Beaumont Hospital, Dublin</p> <p>Learning outcome/s:</p> <ul style="list-style-type: none"> Identify appropriate clinical tests with the best diagnostic accuracy. Identify the rehabilitation approach for cervicogenic headache with the best available evidence.
6	<p>20 FEB 2024 19:00 – 20:00 CET</p>	<p>AI in spine care</p> <p>CHAIR: Dominique Rothenfluh, Orthopaedic Surgeon, Centre Hospitalier Universitaire Vaudois (CHUV), Lausanne, Switzerland</p> <p>Learning outcome/s:</p> <ul style="list-style-type: none"> Identify available frameworks and technologies for the use of AI in spine care. Understand the potential advantages and disadvantages of using AI in spine care.
7	<p>19 MAR 2024 19:00 – 20:00 CET</p>	<p>Sustainability in hospitals: the carbon footprint of spine surgery</p> <p>CHAIR: Derek Cawley, Spine Surgeon, Mater Private Hospital, Dublin, Ireland</p> <p>Learning outcome/s:</p> <ul style="list-style-type: none"> Understand the impact of spine surgery on the hospitals carbon footprint. Identify sustainability strategies and measures to reduce the carbon footprint of hospitals.
8	<p>16 APR 2024 19:00 – 20:00 CEST</p>	<p>Rehabilitation after lumbar disc surgery</p> <p>CHAIR: Caroline Treanor, Clinical Specialist Physiotherapist, Department of Neurosurgery, Beaumont Hospital, Dublin</p>

		<p>Learning outcome/s:</p> <ul style="list-style-type: none"> Evaluate the latest available evidence for the post operative rehabilitation of lumbar disc surgery.
9	<p>21 MAY 2024 19:00 – 20:00 CEST</p>	<p>Enhanced Recovery After Surgery (ERAS)</p> <p>Webinar Chair: Bertrand Debono, Neurosurgeon, Ile-de-France Dos Center & Center Francilien du Dos, Paris/Versailles, France</p> <p>Learning outcome/s:</p> <ul style="list-style-type: none"> Understand ERAS as a multi-disciplinary approach for improving patient care post spine surgery.
10	<p>18 JUN 2024 19:00 – 20:00 CEST</p>	<p>Effective communication with patients</p> <p>CHAIR: Lisa Roberts, Clinical Professor of Musculoskeletal Health & Consultant Physiotherapist School of Health Sciences, University of Southampton, University Hospital Southampton NHS Foundation Trust, Southampton, United Kingdom</p> <p>Learning outcome/s:</p> <ul style="list-style-type: none"> Understand the role of effective communication in the care of patients with spinal disorders.