

II No Consensus Lisbon Spine Meeting

January 23 and 24, 2026 | Hospital CUF Descobertas auditorium and online

SCIENTIFIC AND PROGRAM COMMITTEE

Jorge Mineiro (Chairman)
Joao Cannas
Luis Barroso
André Barros
Nuno Lança

SPEAKERS AND MODERATORS

Ahmet Alanay (Turkey)
Amer Samdani (USA)
António Oliveira (Portugal)
Carl-Eric Aubin (Canada)
Colin Nnadin (UK)
David Farrington (Spain)
Eduardo Hevia (Spain)
Jesús Burgos (Spain)
Jorge Mineiro (Portugal)
Moyo Kruyt (Netherlands)
Muharrem Yazici (Turkey)
Nelson Carvalho (Portugal)
Nuno Alegrete (Portugal)
Pedro Fernandes (Portugal)
Per Trobisch (Germany)
Tah Pu Ling (Portugal)
Thanos Tsirikos (UK)

EVENT MANAGER

Célia Castiço

MEETING FEE

	IN PERSON	ONLINE
Orthopedists and specialists:	50€	40€
Residents:	35€	25€
Nurses:	25€	15€
Physiotherapists:	30€	20€
Other technicians and students:	25€	15€

REGISTRATION HERE



Spinal Tethering and Growth Modulation in AIS

DAY 23

08h30 Registration

Spinal development in the growing adolescent

Moderators: Thanos Tsirikos | Nelson Carvalho

09h00 **Welcome & opening**

Jorge Mineiro

09h10 **Spinal growth in adolescence**

Pedro Fernandes

09h30 **Biomechanics of scoliosis development in adolescent idiopathic scoliosis**

Moyo Kruyt

09h50 **Principles of spinal tethering**

David Farrington

10h10 **What are the cases we may consider abandoning bracing and choose one of these growth modulation procedures?**

Colin Nnadin

10h30 **Biomechanics of different forms of spinal tethering in scoliosis**

Carl-Eric Aubin - [ONLINE](#)

11h00 Coffee break

Adolescent idiopathic thoracic scoliosis (AIS) and anterior vertebral body tethering (AVBT)

Tethering Moderators: Per Trobisch | Pedro Fernandes

11h30 **Adolescent idiopathic thoracic AIS and AVBT**

Ahmet Alanay

11h50 **What are the indications and longterm outcomes for a selective spinal fusion in thoracic AIS**

Muharrem Yazici

12h15 **What are the midterm outcomes of AVBT for these thoracic AIS**

Ahmet Alanay

12h40 **How to avoid / solve complications in selective thoracic fusion**

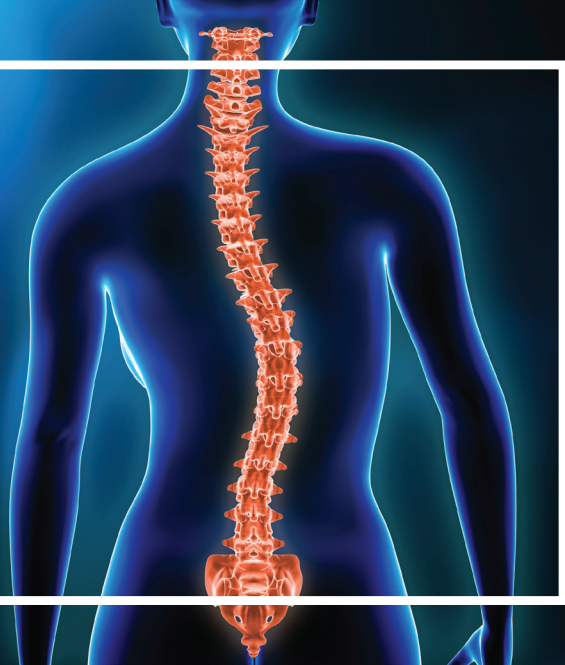
Muharrem Yazici

13h00 Lunch

14h00 **How to avoid / solve complications in thoracic AVBT**

Amer Samdani

14h20 **Discussion and case presentation**



II No Consensus Lisbon Spine Meeting

Adolescent idiopathic thoraco-lumbar and lumbar scoliosis (AIS) and vertebral tethering

Tethering Moderators: Ahmet Alana | Tah Pu Ling

- 15h00 **Adolescent idiopathic thoraco-lumbar and lumbar AIS and AVBT**
Per Trobisch
- 15h20 **What are the present indications and outcome of a Posterior Vertebral Pedicular Tethering (PVPT) technique in a progressing thoraco-lumbar AIS**
Jorge Mineiro
- 15h40 **What are the indications and longterm outcomes for a selective spinal fusion in thoraco-lumbar / lumbar AIS**
Muharrem Yazici
- 16h05 **How to avoid / solve complications in thoraco-lumbar AVBT**
Per Trobisch
- 16h25 **How to avoid / solve complications in thoraco-lumbar PVPT**
Jorge Mineiro
- 16h45 **How to avoid / solve complications in selective fusions for thoraco-lumbar / lumbar AIS**
Muharrem Yazici
- 17h00 Coffee break
- 17h35 **Is tether breakage a real issue in spinal tethering?**
Jorge Mineiro
- 17h55 **Discussion and case presentation**
- 19h00 End of 1st day

DAY 24

Other spinal non-fusion techniques for the treatment of AIS

Moderators: Muharrem Yazici | António Oliveira

- 08h30 **Indications for spring distraction system and device in AIS**
Moyo Kruyt
- 08h50 **Indications for temporary posterior pedicular instrumentation without fusion in AIS**
Eduardo Hevia
- 09h10 **Are there still indications to use the APIFIX in AIS?**
Nuno Alegrete
- 09h30 **What are the indications to use a posterior hybrid technique (fusion + non-fusion) in AIS**
Jorge Mineiro
- 09h50 **What are the indications to use an "anterior" hybrid technique (fusion + non-fusion) in AIS**
Amer Samdani
- 10h10 **How to avoid / solve complications in the spring distraction technique in AIS**
Moyo Kruyt
- 10h35 **How to avoid / solve complications in the temporary posterior instrumentation technique**
Jesús Burgos
- 10h50 **How to avoid / solve complications in the anterior hybrid technique in AIS**
Amer Samdani
- 11h00 Coffee break
- 11h30 **Discussion and case presentation**
- 12h25 **Are all these tethering + non-fusion procedures true spinal growth modulation techniques?**
Thanos Tsirikos
- 12h45 **Sum up and closure**
Jorge Mineiro