

January 23 and 24, 2026 | Hospital CUF Descobertas auditorium and online

Spinal Tethering and Growth Modulation in AIS

The No Consensus Lisbon Spine Meeting 2026 is dedicated to the discussion of new surgical options for Adolescent Idiopathic Scoliosis (AIS) beyond traditional spinal fusion. While fusion corrects deformity, it has long-term drawbacks such as increased stress on adjacent segments, disc degeneration, pain, and halted growth. Recently developed techniques including tethering, dynamic spring devices, and removable screws or rods aim to preserve spinal motion and growth while correcting deformity. However, these methods have limited follow-up, unclear surgical indications, and unproven long-term outcomes.

The meeting brings together world experts to debate whether these techniques represent a breakthrough or simply another tool, seeking some consensus in this evolving field.

SEE PROGRAM HERE



SCIENTIFIC AND PROGRAM COMMITTEE

Jorge Mineiro (Chairman) Joao Cannas Luis Barroso André barros Nuno Lança

SPEAKERS AND MODERATORS

Ahmet Alanay (Turkey) Amer Samdani (USA) António Oliveira (Portugal) Carl-Eric Aubin (Canada) Colin Nnadin (UK) David Farrington (Spain) Eduardo Hevia (Spain) Jesús Burgos (Spain) Jorqe Mineiro (Portugal)

Moyo Kruyt (Netherlands) Muharrem Yazici (Turkey) Nelson Carvalho (Portugal) Nuno Alegrete (Portugal) Pedro Fernandes (Portugal) Per Trobish (Germany) Tah Pu Ling (Portugal) Thanos Tsirikos (UK)

MEETING FEE IN PERSON ONLINE Orthopedists and specialists: 50€ 40€ Residents: 35€ 25€ Nurses: 25€ 15€ Physiotherapists: 30€ 20€ Other technicians

25€

15€

and students: