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In June 2018, thanks to the EUROSPINE short term fellowship programme, I got the opportunity to attend the team from Spine Centre at BG Trauma Center in Frankfurt. During my stay I participated at the daily surgical and clinical activities, mainly observing and assisting surgeries as well as regularly staff meetings with case discussion and detailed treatment planning.

Many thanks to my host, Prof. Kandziora and his team, for providing me an insight into an exceptional wide range of spinal disorders such as degenerative spinal diseases and complex spinal trauma as well. I learned a lot about various surgical approaches to the spine and about different operation techniques. Teaching me a lot of surgical skills as well as the talks about further tips and tricks will surely contribute to my training as a spine surgeon.

