

## **Brazilian Spine Society - Course**

***Report of the EUROSPINE Ambassadors Muharrem Yazici, Ibrahim Obeid and Rene Castelein***



*at the meeting of the Brazilian Spine Society, Ribeirão Preto, Brazil, hosted by Professor Helton Luiz Aparecido Defino.*

### **Quick Facts:**

**Event:** Técnicas Modernas e Avanços da Cirurgia da Coluna Vertebral

**Date:** 25-26 November 2016

**Location:** Ribeirão Preto, Brazil

**Organising Society:** Brazilian Spine Society

**Participants:** 334

**EUROSPINE Representatives:** Muharrem Yazici, Ibrahim Obeid, Rene Castelein

On Thursday, 24 November 2016 the three of us arrived at the airport of Ribeirão Preto, Brazil, about one-hour flight from São Paulo. We were met by our host, professor Defino, who took us to the hotel annex convention centre. The meeting started the next morning and lasted for two consecutive days. Although the meeting was held in Portuguese, we were provided with outstanding simultaneous translation so that it was very easy to follow the lectures and participate in the very lively discussions. It immediately became clear that one of the focus areas of this meeting is its interactivity, each lecture was followed by ample room for discussion among the approximately 300 participants. All of us had four lectures for which 20-30 minutes were reserved, delivered in English with simultaneous translation into Portuguese, after which there also was a lot of room for discussion with simultaneous translation.

The topics addressed by us were:

**Muharrem Yazici:**

- All pedicle screw instrumentation and thoracic hypokyphosis: Enemy bothers?
- Reconstruction of congenital spine deformities: Indications and timing of osteotomies
- Growth-friendly techniques for EOS: Are they worth to do?
- Sagittal spinal alignment in children: Normals and Evolution

**Ibrahim Obeid:**

- PSOs what's new in surgical techniques
- Spondyloptosis and Grade 4 SPL surgical management
- Osteotomies in Thoracic spine: Indications and technique
- Compensatory mechanism in sagittal alignment: Analysis, why this is important and factors influencing it

**Rene Castelein:**

- True 3-D morphology of the spine in AIS
- Differences in sagittal alignment as related to different curve types in AIS
- Evolution of the pelvic lordosis as part of sagittal balance
- Three-D correction of idiopathic scoliosis: Is it possible and what's the benefit for the patient

The rest of the programme showed complex cases of spinal deformity, trauma and infectious disease of the spine, for which state of the art solutions were provided. In between lectures we could enjoy the wonderful spring weather and the beautiful complex with large gardens in which the convention centre was situated. All in all, it was a wonderful experience, both socially and academically, to be part of this meeting. We want to thank EUROSPINE and the Brazilian Spine Society, and in particular Professor Helton Defino, for this opportunity to join them, and for the great hospitality we received.

Muharrem Yazici,  
Ibrahim Obeid,  
Rene Castelein

**The Brazilian Spine Society >>**

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