

Spine Tuesday Webinar Series

2023-2024 PROGRAMME

General Information

EUROSPINE, the Spine Society of Europe

c/o Pfister Treuhand AG

Bankstrasse 4, 8610 Uster-Zurich, Switzerland

W: www.eurospine.org

Chair of Education Committee

Paulo Pereira

E: educationl@eurospine.org

Director of Education and Research

Julie-Lyn Noël

E: noel@eurospine.org

Education and Research Manager

Angelika Salmen

E: salmen@eurospine.org

Webinar Organising Committee

Ilkka Helenius

E: education@eurospine.org

Chrishan Thakar

E: education@eurospine.org

Webinar Funding

Támas Fekete

E: education@eurospine.org

Webinar Chairs

Derek Cawley, Ireland

Stacey Darwish, Ireland

Bertrand Debono, France

Stephane Genevay, Switzerland


Lisa Roberts, United Kingdom

Dominique Rothenfluh, Switzerland

Chrishan Thakar, United Kingdom

Caroline Treanor, Ireland

Webinar Facts

WHEN	<ul style="list-style-type: none"> • Every 3rd Tuesday of the month, except 2nd Tuesday in December. • No webinars take place in July and August. • See exact schedule below.
WHERE	Virtual (Online)
TIME	19:00 – 20:00 CET/CEST
REGISTRATON FEES	EUROSPINE webinars are free of charge.
LANGUAGE	English
REGISTRATION	<p>A dedicated Zoom registration link will be available 3-4 weeks before a webinar and can be found on the EUROSPINE website: https://www.eurospine.org/events/spine-tuesday/webinar-programme/.</p> <p>Note: EUROSPINE reserves the right to restrict registration numbers for webinars.</p>
ACCREDITATION 	<p>This activity has been accredited by the European Board for Accreditation of Continuing Education for Health Professionals (EBAC®).</p> <p>Each webinar is accredited with 1 CME credit (Continuing Medical Education).</p> <p>Through an agreement between the European Board for Accreditation of Continuing Education for Health Professionals and the American Medical Association physicians may convert EBAC® CE credits to AMA PRA Category 1 Credits™. Information on the process to convert EBAC credit to AMA credit can be found on the AMA website. Other health care professionals may obtain from the AMA a certificate of having participated in an activity eligible for conversion of credit to AMA PRA Category 1 Credit™.</p>

<p>ATTENDANCE CERTIFICATE</p>	<ul style="list-style-type: none"> • The provision of CME credits and the attendance certificate is dependent on individuals’ attendance of ≥ 90% of the webinar time and completion of the webinar evaluation form. • Attendance is monitored through the webinar platform Zoom. • Eligible attendees will receive an email with instructions on completing the webinar evaluation within a week after the webinar. • Submitted webinar evaluations will be cross-checked with attendance records before certificates are released. Note that this can take several weeks (!).
<p>WEBINAR ACCESS</p>	<p>Webinar access is provided through a dedicated Zoom link, which will be shared before webinar start.</p>
<p>TERMS & CONDITIONS</p>	<p>Before signing up to a webinar, make sure to read the Terms and Conditions.</p>

Webinar Objectives

The Spine Tuesday webinar series’ main objective is to deliver latest information, educate, and provide a platform for debate on eclectic topics of interest in spine care to the community. This is in alignment with the EUROSPINE mission of optimising patient care and prevention of spinal disorders through education offers. The idea is to advance an integrated, multidisciplinary and interprofessional spine care.

Target Audience

The webinar series is open to **surgical** and **non-surgical** spine care professionals, including but not limited to the following professions:

Surgeons	Non-surgeons
<p>Orthopaedic surgeons, Neurosurgeons, Spine Surgeons</p>	<p>Primary care physicians, physiotherapists, Physical medicine &, rehabilitation/Physiatry, Chiropractors, Osteopaths, Occupational therapists, Clinical psychologists, Nursing practitioners, Naprapaths, and others</p>

2023 – 2024 Webinar Programme

	DATE & TIME	WEBINAR DETAILS
1	19 SEP 2023 19:00 – 20:00 CEST	<p>The stiff spine</p> <p>CHAIR: Stacey Darwish, Orthopaedic Spine Surgeon, Mater Misericordiae University Hospital, Dublin, Ireland</p> <p>Learning outcome/s:</p> <ul style="list-style-type: none"> • Identify issues around the diagnosis and management of the stiff spine. • Understand the state of evidence in the diagnosis and management of the spine.
2	17 OCT 2023 19:00 – 20:00 CEST	<p>Evidenced based diagnosis management of cauda equina syndrome</p> <p>CHAIR: Caroline Treanor, Clinical Specialist Physiotherapist, Department of Neurosurgery, Beaumont Hospital, Dublin, Ireland</p> <p>Learning outcome/s:</p> <ul style="list-style-type: none"> • Understand the clinical presentation of cauda equina syndrome. • Identify the key elements of an evidence-based clinical pathway for people with cauda equina.
3	21 NOV 2023 19:00 – 20:00 CET	<p>Degenerative Disc Disease: What to do with this concept?</p> <p>CHAIR: Stephane Genevay, Rheumatologist, University Hospitals Geneva, Geneva, Switzerland</p> <p>Learning outcome/s:</p> <ul style="list-style-type: none"> • Evaluate the widely used concept of degenerative disc disease.
4	12 DEC 2023 19:00 – 20:00 CET	<p>It's not all about surgery: bracing and physiotherapy</p> <p>CHAIR: Chrishan Thakar, Oxford Spinal Surgery Unit, Nuffield Orthopaedic Centre, Oxford University Hospitals NHS Foundation Trust, Oxford, United Kingdom</p> <p>Learning outcome/s:</p>

		<ul style="list-style-type: none"> Understand the role of bracing and physiotherapy to support the management of various spine conditions such as deformities and AIS.
5	16 JAN 2024 19:00 – 20:00 CET	<p>Evidenced based diagnosis and rehabilitation of cervicogenic headache</p> <p>CHAIR: Caroline Treanor, Clinical Specialist Physiotherapist, Department of Neurosurgery, Beaumont Hospital, Dublin</p> <p>Learning outcome/s:</p> <ul style="list-style-type: none"> Identify appropriate clinical tests with the best diagnostic accuracy. Identify the rehabilitation approach for cervicogenic headache with the best available evidence.
6	20 FEB 2024 19:00 – 20:00 CET	<p>AI in spine care</p> <p>CHAIR: Dominique Rothenfluh, Orthopaedic Surgeon, Centre Hospitalier Universitaire Vaudois (CHUV), Lausanne, Switzerland</p> <p>Learning outcome/s:</p> <ul style="list-style-type: none"> Identify available frameworks and technologies for the use of AI in spine care. Understand the potential advantages and disadvantages of using AI in spine care.
7	19 MAR 2024 NOW 12 MAR 2024 19:00 – 20:00 CET	<p>Sustainability in hospitals: the carbon footprint of spine surgery</p> <p>CHAIR: Derek Cawley, Spine Surgeon, Mater Private Hospital, Dublin, Ireland</p> <p>Learning outcome/s:</p> <ul style="list-style-type: none"> Understand the impact of spine surgery on the hospitals carbon footprint. Identify sustainability strategies and measures to reduce the carbon footprint of hospitals.
8	16 APR 2024 19:00 – 20:00 CEST	<p>Rehabilitation after lumbar disc surgery</p> <p>CHAIR: Caroline Treanor, Clinical Specialist Physiotherapist, Department of Neurosurgery, Beaumont Hospital, Dublin</p> <p>Learning outcome/s:</p>

		<ul style="list-style-type: none"> Evaluate the latest available evidence for the post operative rehabilitation of lumbar disc surgery.
9	21 MAY 2024 19:00 – 20:00 CEST	<p>Enhanced Recovery After Surgery (ERAS)</p> <p>Webinar Chair: Bertrand Debono, Neurosurgeon, Ile-de-France Dos Center & Center Francilien du Dos, Paris/Versailles, France</p> <p>Learning outcome/s:</p> <ul style="list-style-type: none"> Understand ERAS as a multi-disciplinary approach for improving patient care post spine surgery.
10	18 JUN 2024 19:00 – 20:00 CEST	<p>Effective communication with patients</p> <p>CHAIR: Lisa Roberts, Clinical Professor of Musculoskeletal Health & Consultant Physiotherapist School of Health Sciences, University of Southampton, University Hospital Southampton NHS Foundation Trust, Southampton, United Kingdom</p> <p>Learning outcome/s:</p> <ul style="list-style-type: none"> Understand the role of effective communication in the care of patients with spinal disorders.