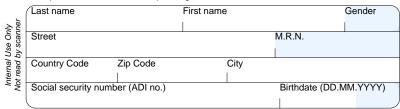
Spine Tango COMIPatient self-assessment

Compatible with SGS SWISSspine register

Low Back conservative

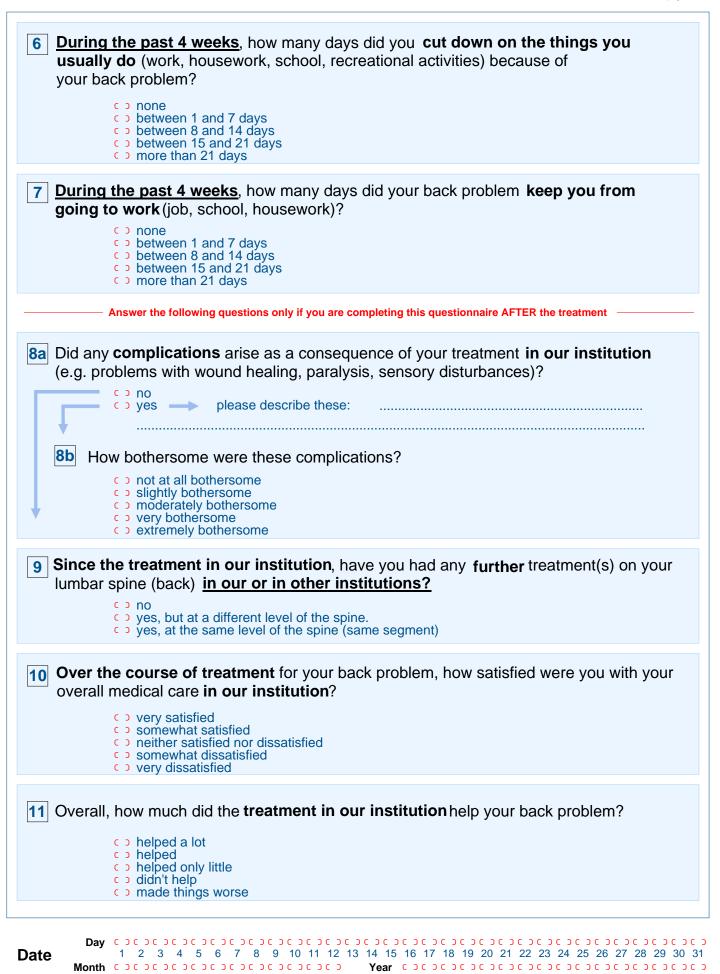
Directions

- Use a #2 soft pencil for marking.
- Only one answer per question allowed
- Completely fill in boxes to record answers. Mandatory informations



Examination interval before treatment at discharge (end of therapy) 4 weeks 6 weeks	2 months 3 months 6 6 months 6 9 months 6 1 year	2 years 3 years 4 years 5 years 5 years	e.g. 4 months = 4 months/12 months years = 0.33 year		
Back problems can lead to back pain and/or pain in the legs/buttocks, as well as to sensory disturbances such as tingling, 'pins and needles' or numbness in any of these regions.					
Which of the following problems troubles you the most? Please tick ONE BOX only. back pain back pain sensory disturbances in the back/leg/buttocks, e.g. tingling, 'pins and needles', numbness none of the above					
For the following 2 questions (2a and 2b) we would like you to indicate the severity of your pain, by ticking the appropriate box (where "0" = no pain, "10" = worst pain you can imagine). There are separate questions for back pain and for leg pain (sciatica)/buttock pain.					
2a How severe was your t	back pain in the las	t week?			
0 1 no pain () ()	2 3 4 5 co co co co		9 10 worst pain that 1 can imagine		
2b How severe was your leg pain (sciatica)/buttock pain in the last week?					
0 1 no pain () ()	2 3 4 5		9 10 worst pain that 3 C 3 I can imagine		
During the past week, how much did your back problem interfere with your normal work (including both work outside the home and housework)? One a little bit One moderately One quite a bit One extremely					
If you had to spend the rest of your life with the symptoms you have right now, how would you feel about it? ' very satisfied ' somewhat satisfied ' neither satisfied nor dissatisfied ' somewhat dissatisfied ' very dissatisfied ' very dissatisfied					
5 Please reflect on the last week. How would you rate your quality of life?					
c > very good c > good c > moderate c > bad		Plea	ase go to the next page		

page 2 of 2



Signature:

1 2 3 4 5 6 7 8 9 10 11 12

10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25